



HEATH VILLAGE

A UNIQUE RETIREMENT COMMUNITY

FOR IMMEDIATE RELEASE

April 4, 2024

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HAPPY 105 BIRTHDAY LENA ROWE!

Washington Twp, NJ – Heath Village invites the community to join us in celebrating Mgalina “Lena” Rowe who on April 6th will be celebrating her 105th birthday. Prior to moving to Heath Village in 2013, Lena was a life-long resident of Rockaway Borough. Lena and her husband owned a Hershey’s Ice Cream Parlor in Rockaway, so it is only fitting that she chose a delicious ice cream sundae for her Heath Village birthday party. Lena attributes her longevity to “always keep moving and eating a small piece of chocolate and lots of fresh fruit and vegetables every day.”



About Heath Village

Heath Village is a full-service, not-for-profit, retirement community located at 430 Schooley’s Mountain Road in Washington Township, Morris County. For further information, please call 908-852-4801 or visit us on our website at www.heathvillage.com.

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